

MNSA Intramural Rules
Senior Division

FIFA Laws of the game shall apply except as noted below

Each team shall consist of eight players, including the goal keeper. If one team does not have enough players, the other team shall field the same number of players.

Teams may substitute players before goal kicks and throw-ins, and after goals.

Coaches shall inform the referee that they are requesting to make a substitution, and the referee shall delay the start of play until the substitutions are complete. Teams may not substitute on the fly.

Players may not enter the field without the referee's permission.

The match shall consist of two thirty minute halves. The half time break is five minutes.

The offside rule shall apply.

A player who receives a red card is automatically suspended for the remainder of the game, as well as his/her next game.

Penalty kicks are taken from the edge of the goal/penalty area. All players (except defending goal keeper) must be behind the ball when the kick is taken. All free kicks shall be taken from the point where the foul was committed.

MNSA Intramural Rules
Junior Division

FIFA Laws of the game shall apply except as noted below

Each team shall consist of eight players, including the goal keeper. If one team does not have enough players, the other team shall field the same number of players.

Teams may substitute players before goal kicks and throw-ins, and after goals.

Coaches shall inform the referee that they are requesting to make a substitution, and the referee shall delay the start of play until the substitutions are complete. Teams may not substitute on the fly.

Players may not enter the field without the referee's permission.

The match shall consist of two thirty minute halves. The half time break is five minutes.

The offside rule shall apply.

A player who receives a red card is automatically suspended for the remainder of the game, as well as his/her next game.

Penalty kicks are taken from the edge of the goal/penalty area. All players (except defending goal keeper) must be behind the ball when the kick is taken. All free kicks shall be taken from the point where the foul was committed.

MNSA Intramural Rules
Novice Division

FIFA Laws of the game shall apply except as noted below

Each team shall consist of seven players, including the goal keeper. If one team does not have enough players, the other team shall field the same number of players.

Teams may substitute players before goal kicks and throw-ins, and after goals.

Coaches shall inform the referee that they are requesting to make a substitution, and the referee shall delay the start of play until the substitutions are complete. Teams may not substitute on the fly.

Players may not enter the field without the referee's permission.

The Novice Boys match shall consist of two twenty five minute halves. The Novice Girls match will consist of two thirty minutes halves. The half time break is five minutes.

The offside rule shall apply.

A player who receives a red card is automatically suspended for the remainder of the game, as well as his/her next game.

Penalty kicks are taken from the edge of the goal/penalty area. All players (except defending goal keeper) must be behind the ball when the kick is taken. All free kicks shall be taken from the point where the foul was committed.

MNSA Intramural Rules
Pre-Novice Division

FIFA Laws of the game shall apply except as noted below

Each team shall consist of five players, including the goal keeper. If one team does not have five players, the other team shall field the same number of players.

Teams may substitute players before goal kicks and throw-ins, and after goals.

Coaches shall inform the referee that they are requesting to make a substitution, and the referee shall delay the start of play until the substitutions are complete. Teams may not substitute on the fly.

Players may not enter the field without the referee's permission.

The Pre-Novice Girls match shall consist of four ten minute quarters. The Pre-Novice Boys match shall consist of four fifteen minute quarters. The half time break is five minutes. The break between the first & third quarters is two minutes.

The offside rule does not apply in the pre-novice division.

A player who receives a red card is automatically suspended for the remainder of the game, as well as his/her next game.

All free kicks are indirect. There are no penalty kicks or direct free kicks.

All free kicks shall be taken from the point where the foul was committed, except for fouls within the penalty area, which shall be taken from the edge of the penalty area.